


# 2019 Knuttila Open Meet (Girls)

4 X 800 M. Relay		4 X 200 M. Relay		300 M. Hurdles		3,200 M Run		Triple Jump	
Bergman	3:06.5	Semakula	30.6	Semakula	DNR	None		Caldwell	29-5
Johnson	3:02.4	Morris	32.1	Creighton	DNR			Bravo	28-6
Stolen	3:26.1	Kimlinger	31.1	Sirleaf	DNR			Casey	24-7
Letnes	2:49.6	Lawrence	32.5	Letnes	55.50	<b>4 X 400 M. Relay</b>		Johnson	24-5
				Jideofor	63.40	Cooper	74.30	Townsend	22-10
<b>110 M. Hurdles</b>				<b>800 M. Run</b>		Sawyer	82.40		
Semakula	18.60			Momsen	3:27.5	Casey	76.10		
Creighton	20.77			Stolen	3:28.7	Ellingson	71.30		
Sirleaf	20.01			Letnes	DNR	5:04.4			
						Momsen	92.50	<b>Long Jump</b>	
		<b>1600 M. Run</b>				Ramsay	88.20	Cooper	DNJ
		Galvan-Hernandez	DNR			Goligowski	81.40	Kimlinger	DNJ
		Trombley	7:43.6	<b>200 M. Dash</b>				Townsend	DNJ
		Clark	8:31.8	Ellingson	26.97			Jideofor	11-7
		Goligowski	7:35.3	Natere	30.42	<b>Discus</b>		Bravo	12-3
<b>100 M. Dash</b>				Young	30.66				
Cooper	13.50	<b>4 X 100 M. Relay</b>		Dean	30.98				
Natere	13.77	Alexander	14.9	Lammi	30.98				
Alexander	14.18	Imholte	14.3	To	32.20			<b>Teams</b>	
Young	14.29	To	15.2	Sawyer	32.25			Irondale	
To	14.50	Sawyer	14.7	Morris	32.27			Spring Lake Park	
Paredes	14.84			Morris	32.27	<b>Shot Put</b>		Spectrum	
Dean	14.85			Paredes	32.58	Waldemar	36-1	Prairie Seeds	
Lammi	14.89			Sirleaf	33.13	Hayes	30-10		
Morris	14.93			Thomas	34.20	Ballwanz	26-2		
Imholte	15.03			Zuk	34.66	Rossiter	24-1		
Thomas	15.16			Herlofsky	34.89	<b>High Jump</b>			
Tran	15.25	<b>400 M. Dash</b>		Kimba	35.13	Matthews	4-10		
Kimba	15.58	Kimlinger	72.2	Tola	38.86				
Lawrence	15.79	Bergman	74.1	Dennis	DNR	<b>Pole Vault</b>			
Herlofsky	15.82	Tran	74.8	Izuora	DNR	McNeil	8-6		
Zuk	15.91	Ramsay	77.1	Nwosu	DNR	Lawrence	6-0		
Jideofor	16.03	Lawrence	77.7			Bravo	7-0		
Tola	16.29	Lammi	DNR						
Dennis	18.05	Johnson	DNR						
Quito	18.32	Casey	DNR						
Izuora	DNR								