

# 2019 Section 6AAA True Team Meet

## 4X 800 Relay

Felix Ongera  
Kalid Danko  
Declan Rodefeld  
Jake Lawrence

*Alt. Bodey Cartier*

## 110 Hurdles

Mike Thomas  
Herson Cortez  
Victor Ogwethi

*Alt. None*

## 100 Dash

Daniel Larson  
Nick Ramsay  
Mike Thomas

*Alt. Jamil Joe*

## 4X 200 Relay

Kato Semakula  
Tenzin Shayen  
Dino Mahmutovic  
Ralph Naimah

*Alt. Jamil Joe*

## 1600 Run

Jeff Sandkuhler  
Tyler Merrell  
Simon Alexander

*Alt. Tommy Davis*

## 4X 100 Relay

Kato Semakula  
Tenzin Shayen  
Dino Mahmutovic  
Ralph Naimah

*Alt. Jamil Joe*

## 400 Dash

Daniel Larson  
Nick Ramsay  
Tenzin Shayen

## 300 Hurdles

Mike Thomas  
Herson Cortez  
David Fluth

*Alt. Victor Ogwethi*

## 800 Run

Jeff Sandkuhler  
Felix Ongera  
Tommy Davis

*Alt. Bodey Cartier*

## 200 Dash

Daniel Larson  
Nick Ramsay  
Ralph Naimah

*Alt. None*

## 3200 Run

Kalid Danko  
Tyler Merrell  
Declan Rodefeld

*Alt. Tommy Davis*

## 4X 400 Relay

Felix Ongera  
Ethan Doku  
Jake Lawrence  
David Fluth

*Alt. None*

## Discus

Ethan Collins  
Nick Martin  
Jamil Joe

*Alt. None*

## Triple Jump

Jamil Joe  
Mike Thomas  
Dino Mahmutovic

*Alt. None*

## High Jump

Anderson Price  
Evan Pearson  
Jonahvan Okoro

*Alt. None*

## Pole Vault

Jake Lawrence  
David Fluth  
Evan Pearson

*Alt. John Benix*

## Shot Put

Ethan Collins  
Daniel Larson  
Nick Ramsay

*Alt. Nick Martin*

## Long Jump

Evan Pearson  
Dino Mahmutovic  
Jamil Joe

*Alt. None*

## Team Scores

Mounds View  
Roseville Area  
Irondale  
North St. Paul  
Mpls. Washburn  
St. Paul Central  
Cretin-Derham Hall  
Mpls. South  
Mpls. Southwest

